



DAKABIN
STATE HIGH SCHOOL

The future lies within

Dakabin Dragons Basketball Academy Booklet



LEARNING | DISCIPLINE | COMMUNITY



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Dakabin State High School – Basketball Academy

The aim of the Dakabin Dragons Basketball Academy is to develop high quality school age basketball players that are able to reach their highest possible skill level. The Dakabin Dragons Basketball Academy is delivered as a school subject in timetabled class time as well as for our extracurricular teams in training and games.

The Dakabin Dragons Basketball Academy aims to assist your child develop holistically as an athlete and also as an outstanding young person in our community. This will be achieved by providing high quality coaching and facilities that develop and contribute to a student's individual skills and team skills. This program maximises a student's potential by planning for and monitoring progress of development. Lastly, the program implements a system of support, guidance and encouragement to meet the sporting, educational and social needs of the individual as both a player and student.

Students in Years 7 and 8 are able to select Basketball as the focus sport during their Australian Curriculum Health and Physical Education subject. These Basketball Focus classes consist of one theoretical and two practical lessons a week. Students participate in HPE for one semester in both Year 7 and Year 8.

In Years 9 and 10, Basketball Academy is an elective subject. Students can select this as well as Health and Physical Education. Through these years, students find themselves in a Basketball concentrated environment as they deepen their knowledge and abilities within the game.

From 2025 we are able to offer Basketball Academy to our senior students through the delivery of Applied Sport & Recreation – Basketball Specialisation. This provides students with opportunities to develop their abilities in Basketball gameplay and tactical awareness. Students will learn about Basketball specific athletic development giving them the knowledge to implement these principles into their own lives.

Outside of class time students have access to before school skills work and small group trainings with Academy staff members. Dakabin State High School enters many tournaments providing students with opportunities to further extend their Basketball experiences. The school enters the local Brisbane Outer Schools League (BOSL) and the Champion Basketball Schools of Queensland Tournament (CBSQ) as well as a range of other competitions through-out the year.

As part of the program, students are given the opportunity to travel to the United States of America for a Basketball Study Tour. On these tours' students compete against American high schools whilst playing in tournaments, visiting college campuses and attending college and NBA games.

"I would like to endorse the Basketball Academy program that James Roche conducts at Dakabin State High School. Watching James coach his players and the way they respond to his coaching is a real credit to him. I fully encourage any student wishing to join this program to do so."

Brian Kerle - Former Brisbane Bullets coach, NBL Hall of Fame recipient and former Australian Olympic Basketball Player.





Basketball Academy Player Contract

Dear Students and Parents/Guardians,

Welcome to the Dakabin State High School Basketball Academy program. We look forward to working with your child in Basketball Academy classes and extracurricular tournament teams this year. A high performing team requires dedication, cooperation, and teamwork from all involved in the program.

The Dakabin State High School Basketball Academy aims to:

- Assist each player to improve their strength and athletic ability so that they can better compete and do so safely.
- Provide an environment where young athletes can develop their knowledge of the game and their individual skills so that they can perform to their highest possible level.
- Teach life lessons and life skills that will prepare them for productive adult lives. These include how to set, work toward and achieve goals, how to work as part of a team, how to win with class and lose with dignity, how to manage time constraints, and how to keep commitments. These are the skills that will impact their lives the most.

This letter includes our expectations of all members of the Basketball Academy and contains valuable information in regards to our program.

Expectations for Basketball Focus classes, Basketball Academy classes & Extracurricular Tournament teams:

- Maintain a positive attitude about yourself, your sport, your team, and your school.
- Adhere to all Dakabin State High School non-negotiable school rules at all times.
- Achieve at a Satisfactory grade in all subjects for academic, effort and behaviour results.
 - Students failing to do so will be required to complete a Monitoring of Academic Progress interview with the Basketball Academy Coordinator. Failure to adhere to this process may result in removal from the Academy and put students at risk for tournament selection
- Attend school on game day. If you are too unwell to attend school, you are unable to participate in any games on that day.
- Ensure you do not receive RnR or a suspension as students will not be able to play in any games for the duration of either process. Repeated RnR referrals or suspensions may result in a student being removed from the Basketball Academy.
- If a student is selected to participate in an Extracurricular Tournament team they must commit to the entire competition and all required training sessions. If students are absent due to academic issues, school disciplinary action, injury or extenuating circumstances this must be communicated to the Academy Co-ordinator prior to the commencement of that competition.
- Student participation in other sporting events for the school are subject to review and approval by the HOD of HPE and the Basketball Academy Co-ordinator. This is to ensure our teams are at full strength heading into major tournaments and therefore are subject to review and approval.

Your primary reason for attending Dakabin State High School is to receive an education, your participation in the Basketball Academy is a privilege of academic success.

Failure to adhere to these expectations may result in removal from extracurricular tournament teams. In order for us to accomplish our goals, we need total commitment from each player and family. It is not fair to your teammates to enter events shorthanded or unprepared as a team because players are not present for games or have consistently missed practices and days of school.

I have read, understand, and agree to abide by the terms of this contract:

Student (printed): _____ Signed _____ Date: _____

Parent/Guardian (printed): _____ Signed _____ Date: _____



Competition Basketball

Through-out the school year the Dakabin Dragons Basketball teams compete in a wide variety of Extracurricular Basketball Tournaments. Students within the Academy Program are able to trial for their respective Extracurricular teams. If they are successful, they will train in that team then compete in each of the tournaments for that team through-out the year. Below is the relevant information regarding the different tournaments that we compete in each year.

BOSL Basketball Season - Zillmere Basketball Complex & Southpine Sporting Complex

The Brisbane Outer Schools League tournament is the premier tournament on the northside of Brisbane. The tournament caters for teams in Junior - Years 7 and 8, Intermediate - Years 9 and 10 and Opens Divisions for both boys and girls. Dakabin has a strong history of success having claimed thirteen tournament Championships across multiple ages in the tournament's ten-year history. This tournament runs across Terms 2 and 3.

CBSQ Tournament - Coomera Indoor Sports Centre & Carrara Indoor Sports Stadium

The Molten Champion Basketball Schools of Queensland tournament is the pinnacle Basketball competition in Queensland with over 500 schools competing across five different divisions. As a small school Dakabin has always overachieved against some of the best in the state. Seniors compete late in Term 3 and Juniors compete early Term 4.

Metro Finals Basketball Tournament

The Metropolitan finals tournament allows junior and senior teams to compete in a one-day tournament against other qualifying schools from around Brisbane. Teams must be successful first in their district, then their region to gain access to the one-day tournament final series against the best schools from the greater Brisbane area. This competition runs across Term 2 for Juniors and Term 3 for Seniors.

Australian Schools Championships

The Footlocker Australian School Championships (ASC) is the pinnacle event for school basketball in the country. The Championship sees secondary schools from all around Australia travel to one city to compete in the week-long event. This tournament is offered to an exclusive list of schools and due to our long-standing success, we are one of those exclusive schools. This tournament runs at the end of Term 4 for our senior students.

USA Basketball Study Tour

Students in Year 10-12 Basketball Academy classes will be invited to participate in a Basketball study tour. Students will compete in a variety of tournaments and both high school and college basketball practice sessions. Students will travel to San Francisco, Santa Barbara, and Los Angeles. This is a once in a life time Basketball experience, participating in high level American High School tournaments, watching NBA games and College practice sessions and an overall development in team sporting skills.

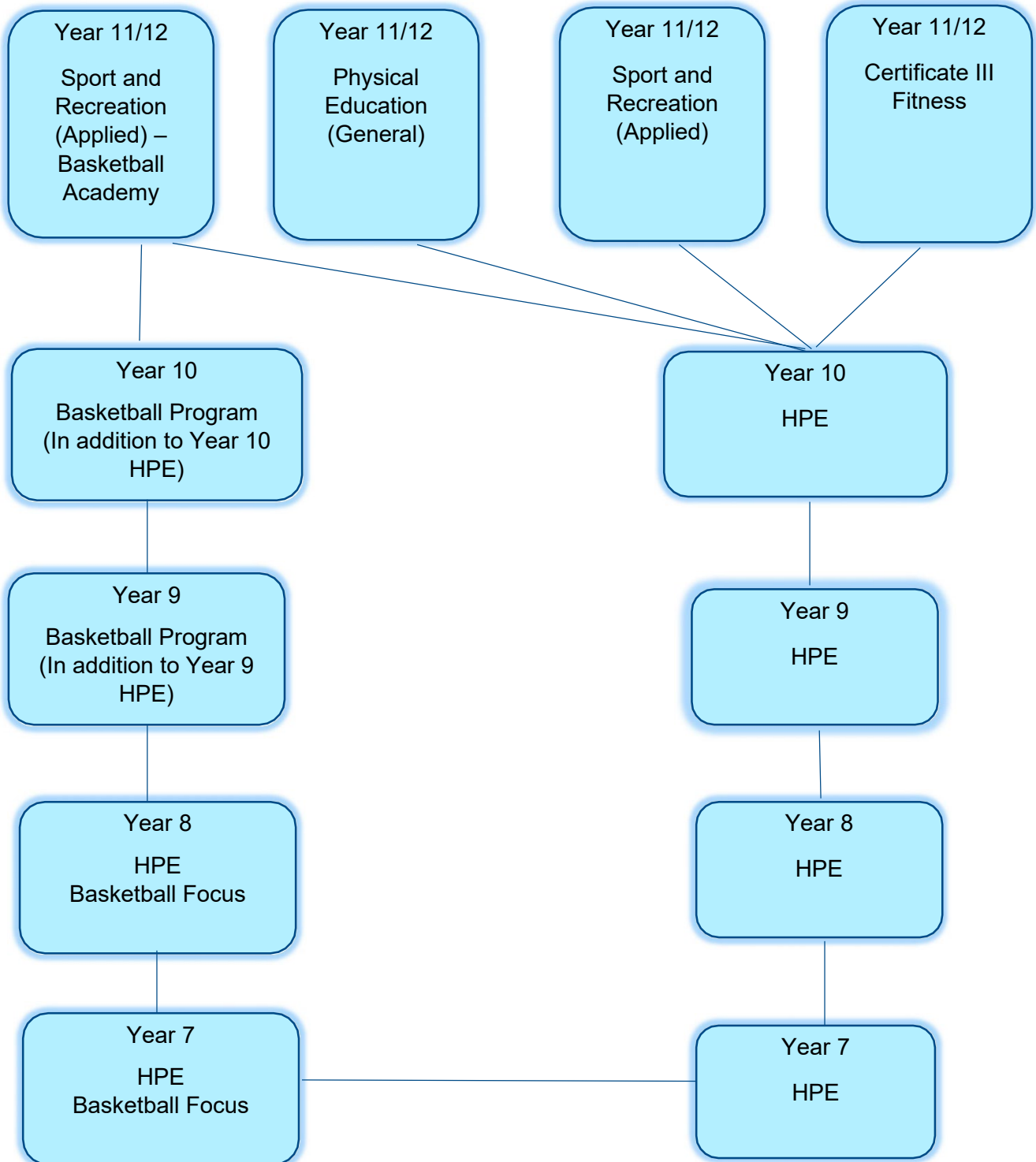


Basketball Academy Application Form

Student Name:	
Age:	
Gender:	
Current Club:	
Division:	
Referee Name:	
Referee Phone:	
Playing History:	
Additional Information:	



Health and Physical Education Pathways





Year 9 Basketball Academy Subject Information

Students study elements of basketball both on and off the court. The subject consists of two on-court training sessions per week and one classroom lesson. Topics cover basketball fundamentals, basketball nutrition, style of play and injury prevention.

The Basketball Academy aims to improve overall student outcomes and health and fitness. Furthermore, the Academy will focus on the development of personal and social values such as commitment, perseverance and resilience whilst learning to compete.

Students have access to external competitions and tournaments. These will incur additional costs. Individual training sessions are also available before and after school for Academy students at no extra charge.

	Brief Description	Assessment Requirements
Unit 1	Basketball Fundamentals	Performance
Unit 2	Basketball Nutrition	Multi-modal Folio/ Performance
Unit 3	Style of Play	Performance
Unit 4	Injury Prevention	Exam/ Performance

Associated Costs	\$60 subject fee - Reversible training singlet and water bottle provided
Required Materials	Notebook, black and red pens, pencils, eraser, highlighter, glue stick, school hat
Prerequisites	Satisfactory for effort and behaviour in all subjects and nothing lower than a C academically



Year 10 Basketball Academy Subject Information

Basketball Academy focuses on all aspects of basketball both on and off the court. Students will progressively develop knowledge and understanding of the game of basketball, state and national styles of game play, as well as the concepts of team dynamics and the nature of basketball subculture.

The subject consists of two on-court training sessions per week and one classroom lesson.

The Basketball Academy aims to improve overall student outcomes, health and fitness. Furthermore, the Academy will focus on the development of personal and social values such as commitment, perseverance and resilience whilst learning to compete.

Students have access to external competitions and tournaments. These will incur additional costs. Individual training sessions are also available before and after school for Academy students at no extra charge.

	Brief Description	Assessment Requirements
Unit 1	Team Building	Reflective Journal/Performance
Unit 2	Basketball Analytics	Performance/Analytical essay assignment
Unit 3	Basketball Subcultures	Research Assignment / Performance
Unit 4	3v3	Performance

Associated Costs	\$60 subject fee - Reversible training singlet and water bottle provided
Required Materials	Notebook, black and red pens, pencils, eraser, highlighter, glue stick, school hat
Prerequisites	Satisfactory for effort and behaviour in all subjects and nothing lower than a C academically



Year 11 & 12 Applied Sport and Recreation – Basketball Academy

Subject Information

Sport & Recreation – Basketball Specialisation provides students with opportunities to deepen Basketball gameplay & improve knowledge that has been developed in Basketball Academy through Years 9 & 10. Students will learn about Basketball specific athletic development giving them the required knowledge and understanding to implement these principles into their own lives.

In studying Sport & Recreation – Basketball Specialisation, students will learn about:

- Basketball access and engagement in the community
- Basketball specific strength and conditioning programs
- High performance athlete development
- Personal and interpersonal skills in Basketball

Sport and Recreation – Basketball Specialisation can lead to careers as a Sports Trainer, Sporting official, Professional Player, Sports Coach, Sports Marketing Officer and Club Official.

Students have access to external competitions and tournaments. These will incur additional costs. Individual training sessions are also available before and after school for Academy students at no extra charge.

	Brief Description	Assessment Requirements
Unit 1	Athlete development and wellbeing	Project & Performance
Unit 2	Fitness for Basketball	Project & Performance
Unit 3	Coaching and officiating	Project & Performance
Unit 4	Optimising performance	Project & Performance

Required Materials	Notebook, black and red pens, pencils, eraser, highlighter, glue stick, school hat
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Australian Curriculum: Health and Physical Education: Basketball Academy - Years 9 to 10 Band Plan

CURRICULUM	YEAR 9				YEAR 10			
	Term 1	Term 2	Term 3	Term 4	Term 1	Term 2	Term 3	Term 4
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7	Unit 8
Unit name	Basketball Systems	Basketball Nutrition	Style of Play	Injury Prevention	Team Building	Basketball Analytics	Basketball Sub Cultures	3v3 Basketball
Unit description	Different offensive and defensive systems	Pre-game and post-game hydration; optimal nutrition for peak performance	QLD and National style of play	Injury management and prevention; dynamic warm ups; cool down techniques	Team culture; team building concepts and activities.	Basketball statistics, data and what to do with analytical information.	Relationship between basketball and its many sub-cultures	Rules and concepts of play within the concept of the new 3v3 game



Australian Curriculum: Health and Physical Education: Basketball Academy - Years 9 to 10 Assessment

ASSESSMENT		YEAR 9				YEAR 10			
		Term 1	Term 2	Term 3	Term 4	Term 1	Term 2	Term 3	Term 4
		Summative Assessment Task 1	Summative Assessment Task 2	Summative Assessment Task 3	Summative Assessment Task 4	Summative Assessment Task 5	Summative Assessment Task 6	Summative Assessment Task 7	Assessment Task 8
Range and balance of summative assessment conventions	Technique	Performance	Project Folio/ Performance	Performance	Exam / Performance	Performance/ Written Oral Project Folio	Performance/ Assignment	Research Assignment/ Performance	Performance
	Type of text	Performance	Multi-modal	Performance	Short Response Exam	Reflective Journal	Performance	Magazine Article	Performance
	Mode	Performance	Written/ Spoken – pre recorded	Performance	Written/Performance	Written/ Performance	Performance /Written	Written response	Practical/ performance
	Conditions	Assessed over weeks 1-8	3-4 minutes 600-800 words Pre-recorded	Practical observation over 8 weeks	Exam conditions 70 minutes Multi choice Short answer Extended Response	Journal entries over the 8 weeks of the term. 800-900 words.	Practical observation over 8 weeks 600-800words	600-800words Written research response	Practical observation over 8 weeks 2-3 minutes performance footage.